**Summary**

Empathetic and client-centered professional with a strong academic background in health sciences. Currently pursuing a Master of Science in Occupational Therapy to develop expertise in activity analysis, therapeutic interventions, and client advocacy. Dedicated to helping individuals of all ages achieve independence and meaningful engagement in their daily lives. Seeking to apply clinical knowledge and passion for the field in a fieldwork or entry-level occupational therapy role.

**Education**

**Master of Science in Occupational Therapy (MSOT)** | Expected May 2026

Governors State University | University Park, IL

* *Relevant Coursework:* Foundations of Occupational Therapy, Therapeutic Interventions, Neurorehabilitation, Pediatric Practice, Gerontology, Research in Occupational Therapy

**Bachelor of Science in Health Sciences** | May 2024

Governors State University | University Park, IL

* *Relevant Coursework:* Human Anatomy and Physiology, Kinesiology, Psychology, Sociology of Health

**Experience**

**Occupational Therapy Aide** | August 2024 – Present

Rehabilitation Center | Chicago, IL

* Assisted licensed occupational therapists with patient care, including setting up treatment areas and preparing therapeutic equipment.
* Provided support to clients during mobility exercises and activities of daily living (ADLs) under the supervision of a therapist.
* Maintained a clean and organized treatment environment, ensuring all safety protocols were followed.

**Direct Care Worker** | June 2023 – August 2024

Community Group Home | Joliet, IL

* Supported individuals with developmental disabilities in achieving their personal goals and increasing their independence.
* Facilitated recreational activities and social outings to promote community integration and well-being.

**Projects**

**MSOT Capstone Project: Home Modification for Fall Prevention in Older Adults** | May 2026

Governors State University | University Park, IL

* Conducted a case study on a fictional client to assess their home environment for fall risks.
* Developed a comprehensive home modification plan, including adaptive equipment recommendations and client education materials.

**Activity Analysis Presentation: The Art of Cooking** | November 2025

Governors State University | University Park, IL

* Performed a detailed activity analysis of the process of cooking a meal.
* Presented findings on the physical, cognitive, and psychosocial demands of the task, and proposed modifications for individuals with various disabilities.

**Awards & Certificates**

* **CPR/First Aid Certification:** Certified August 2024
* **Dean's List:** Governors State University (Fall 2023, Spring 2024)
* **Pre-OT Club President:** Governors State University (2023-2024)

**Volunteer Work**

**Adapted Sports Coach** | September 2023 – Present

Local Special Olympics Chapter | University Park, IL

* Coached a team of young athletes with physical and intellectual disabilities in a variety of sports.
* Modified rules and equipment to ensure full participation and a positive, inclusive experience for all athletes.

**Pediatric Clinic Volunteer** | January 2023 – May 2023

Children's Therapy Center | Chicago, IL

* Assisted therapists with setting up and cleaning up pediatric therapy sessions.
* Engaged with children during play-based interventions, fostering a fun and supportive atmosphere.

**Skills**

* **Therapeutic Skills:** Activity Analysis, Therapeutic Use of Self, Client-Centered Practice, Therapeutic Interventions, Pediatric and Geriatric Practice
* **Assessments:** Functional Independence Measure (FIM), Manual Muscle Testing (MMT), Range of Motion (ROM)
* **Documentation:** Electronic Health Records (EHR), SOAP Notes
* **Interpersonal:** Active Listening, Empathy, Interdisciplinary Team Collaboration, Patient Advocacy